



AND  **Boulder Valley School District**  
*Excellence and Equity*

PRESENT

# Seth Perler

How attunement with your child can help Executive Function.

Upper elementary, middle and high school students are welcome to attend as Seth will be teaching in very relatable terms about how 2e and Executive Function are related and how our nervous systems communicate with each other constantly. He will teach how attunement and co-regulation are used to connect and how better connection helps everyone. There will be interactive exercises to explore these topics, deepen connection and improve communication.

**Monday, January 13, at 6:30 p.m.**  
**BVSD Education Center**  
**6500 Arapahoe Road., Boulder**  
**Reserve Your FREE Seat Today at [BVGT.org](http://BVGT.org)**

**Educators:**  
**Earn Instructional**  
**Seat Time via**  
**MyPassport.**  
(Course #18049)



## About the Presenter

Seth Perler is a renegade teacher turned Executive Function Coach/Education Coach based in Boulder, CO. He specializes in working with twice-exceptional students and those who struggle with executive function. His mission is to give parents and educators honest, practical and unconventional approaches to helping complicated, struggling students, without b.s. or misinformation. He aims to teach the world about "Executive Function," which is at the root of most student struggles.

## THE NEW YOU

Your \$40 annual membership helps strengthen our efforts and makes a difference in the lives of gifted individuals in Boulder Valley. Members also get additional benefits such as reserved seating at select programs, membership in CAGT (Colorado Association of Gifted and Talented), email newsletters and access to the BVGT Lending Library.

**JOIN TODAY AT [BVGT.org](http://BVGT.org)!**

**Thank you to the BVSD Education Center for hosting this event!**